



**SOUTH  
COASTAL  
VILLAGE  
VOLUNTEERS**

Helping older adults live independently

Vol. 4, No. 4, Fall 2024



## **Fall Gala - Autumn Is in the Air - Raises Nearly \$20,000**

**Joan Gordon**

Almost eighty supporters of the South Coastal Village Volunteers gathered at Cripple Creek Golf and Country Club on September 19 to celebrate SCVV's accomplishments. This third annual fall gala, **Autumn Is in the Air**, raised almost \$20,000 to enable us to maintain the high quality of our services. Musical entertainment was provided by 5th Avenue.

South Coastal Village Volunteers Chair Chris Powers welcomed. Next our first member, Suzanne Culin, and Steering Committee member and volunteer Donald Sheridan both made brief remarks about their experience with SCVV and what it means to them.

Thanks go especially for the generosity of the event's sponsors and auction donors. Sponsors include Beebe Hospital; Chesapeake Legal Counsel, LLC; Creative Concepts of Bethany, Inc.; DiFebo's Restaurant and Market; Clay and Rita Ewell; Kathy and David Green; Jayne's Reliable; Kathy Johnson; Pohanka Automotive Group of Salisbury; Chris Powers and Alvin Ross; Scott and Schuman, PA; David Szumski and James Carfagno; and Karen Taylor.

Donors of the auction gifts were AfterGlo Beauty Spa, Bearhole Farms, Bethany Beach Beverage Company, Common Ground Hospitality, Cripple Creek Country Club, Custom Fit 360, Darlene Herring Jewelry, Delaware Botanic Gardens, DiFebo's Restaurant and Market, Fins Ale House and Raw Bar, Flutter By House at Vines Creek, Good Earth Market, Inland Bays Garden Center, Jewelry by Ria Carrara, Lord's Mercantile, Melissa's Dinner and Lounge, Mid-Atlantic Symphony Orchestra, Ocean View Jewelers, Oceanova Spa, Parsons Farm Produce, Possum Point Players, Sea Colony Racquet Sports, Shore Therapy Solutions, SoDel Concepts, Touch of Italy, and artist Sandy Wood.

Lucky winners of the auctioned items were James Carfagno, Ferne Cooper, Holly Dempsey, Jane Eaton, Kathy Green, David Jayne (twice!), Ron Kerchner, Chris Powers, Phyllis Regatti, Steve Ricks, Dottie Schmitt, Donald Sheridan, and Kathy Sheridan. SCVV's Care Manager, Liz Williamson, was the happy winner of the 50-50 raffle.

The evening was a result of the hard work and attention to detail by the SCVV's Development Team, consisting of Ferne Cooper, Kathy Green, Kathy Jankowski, Kathy Johnson, and Karen Taylor.

All in all, **Autumn Is in the Air** was a great success for the South Coastal Village Volunteers and a wonderful celebration of all that we have accomplished over the past four years. We thank the sponsors, auction item donors, winners of the prizes, and all who supported SCVV by taking part in this event.



**Familiar music,  
good food, and  
conversation were  
the stars at SCVV's  
Gala at Cripple  
Creek Golf and  
Country Club in  
Dagsboro, DE.**







L. to r. Ron Kerchner, Chris Powers, Liz Bolton, and Lois Pastore are celebrated for being among the first volunteers as SCVV was launched.

## Volunteer Gathering a HUGE Success

*Claudia Thayne*

Embracing a pirate theme, many costumed guests arrived ready to party at the Volunteer Nauti-Gathering on October 10 sponsored by the South Coastal Village Volunteers. Delicious potluck food and beverages were plentiful, the afternoon was sunny and mild, and laughter was in the air.

People who spend hours of their time helping older neighbors live independently shared stories with one another. Romas Laskauskas told the tale of his first assignment as a volunteer. When the pandemic coast was clear, he was responding to a member's request to turn her mattress. After enlisting the help of another volunteer, the pair arrived and spent about ten minutes flipping the mattress and an hour visiting. Seeking clarity, Laskauskas's fiancée asked him, "Let me see if I understand this correctly. You and another man walked into a stranger's house and turned her mattress?"

Next, Volunteer Coordinator Liz Bolton—attired in a black tricorne hat—assumed her alter ego, "Captain Doubloons Bolton." She presented volunteers who provided services from 2020 onward with certificates

celebrating "Difference Makers." These, she said, are "dedicated people who can make a big impact even with small actions or few words. Someone who improves the lives of others. One who rallies or encourages others to propel themselves forward and bring about change."

SCVV Chair Chris Powers described the impact our organization has made since it opened its doors in 2020. "More than 6,000 services have been performed by volunteers currently serving 113 members. Our service requests have doubled in the past year, and we will complete nearly 400 requests just in October." Chris thanked everyone for their role as Difference Makers. She said based on the prolific and unsolicited testimonials we receive from members and their families, it is clear the goals embraced by SCVV are helping older adults.

It was hard to say when the gathering ended as people folded and racked chairs, bagged leftovers, vacuumed, washed dishes and left the kitchen as clean as they found it—just another example of our volunteers' willingness to help.





## Taylor Bank Grant Nourishes SCVV Members

*Claudia Thayne*

Thanks to a generous \$1,000 grant from Taylor Bank, SCVV members are being treated to lunch. The first luncheon was held in early September at the Ocean View Community Center on West Street. About twenty-five members and volunteers enjoyed a home-made meal of sandwiches prepared by Alvin Ross, as well as salads, chips, and desserts including freshly baked cookies and a beautifully decorated cake was made by Volunteer Coordinator Liz Bolton.

“It was delightful seeing so many of our members together,” said Chris Powers, SCVV chair. “Meeting with friends for any occasion is wonderful. It’s also affirming when successful local businesses like Taylor Bank recognize the importance of older adults socializing and help make that happen through their community grant program.”

With more than one hundred current SCVV members, three additional dates have been scheduled so everyone has an opportunity to attend one of the events. Lunch at the Salted Rim in Millville was held on October 24. Jenna Nieto, PT, DPT, a physical therapist with Shore Therapy Solutions, shared ways to remain able-bodied and maintain balance. Lunch at Grotto Pizza in Bethany Beach will be on November 6 and Dr. Nieto will make another presentation.

SCVV staff is working to give every member an opportunity to attend a luncheon. A final gathering is in the works for December. Stay tuned.

Enjoying lunch and conversation (clockwise from left) are Helen Rathburn, Kate Prendergast, and Cora Burgan. Chris Powers. Jack and Joan Gordon, Liz Bolton, and Ron Calef. Gary Jayne (foreground) and Manny Uy (back).



SCVV volunteers Lynn Jordan, Kathy Johnson, and Kathy Green (center) accepted a generous grant from Kayleigh Yarris (left) and Cory Walsh (right). Not pictured is Taylor Bank’s Tori Grundman, who took the photograph.







## Flu Shot Clinic Helps Participants Prepare for the Winter

*Claudia Thayne*

Susan Sullivan wears a number of hats. She is a pharmacist and a pharmacy manager at Safeway in Rehoboth Beach, and an SCVV member and a caregiver for her husband, Bob. For the past four years, she has volunteered to administer flu shots to SCVV members and volunteers as well as Ocean View staff. This year she came “armed” with flu, RSV, and pneumonia inoculations on October 10.

Twenty-one inoculations were administered, with some recipients transported by volunteers. (Writer’s comment: It may seem like an oxymoron, but Susan gives one of the best flu shots I’ve ever received! “It’s all about relaxing your arm,” she said.)

In the lobby, the Shore Therapy Solutions physical therapist, Dr. Jenna Nieto, talked with members and provided therapy devices to assist with hand strength.



It’s all about the paperwork! Susan Sullivan and SCVV Steering Committee Member Ron Kerchner prepare paperwork for his flu shot.



Coordinator Jennifer Cooper, Dr. Jenna Nieto and her daughter Julie participated in the flu shot clinic. Thanks to them, Pharmacy Manager Susan Sullivan, and Safeway.





## SCVV Offers Information at Arts Festival

**Joan Gordon**

On September 7 the South Coastal Village Volunteers once again sponsored a table at the Bethany-Fenwick Area Chamber of Commerce Arts Festival on the boardwalk. This outreach effort continued our practice of taking advantage of opportunities to get our name before the public and to let our community know who we are and what we do.

In addition to distributing rack cards and information sheets, we gathered names on sign-up sheets from shoppers who stopped by to learn about SCVV. Seventeen prospective volunteers were contacted by the Volunteer Committee following the event.

Thanks go to Liz Bolton, Ria Carrera, Sue Cutter, Joan and Jack Gordon, Lisa Laird, Betty Martin, Chris Powers, and Dottie Schmitt for helping. All agreed that they made some valuable contacts for our Village.

Each year SCVV has a table on the boardwalk at the Bethany Beach Seaside Crafts Fair in June as well as at the September Chamber of Commerce Arts Festival. If you know of any other event where we may be able to have an information table, please notify Joan Gordon at [jjheron936@aol.com](mailto:jjheron936@aol.com).



## Book Club Tackles a Variety of Titles

**Liz Bolton**

Resuming after a summer break, the SCVV Book Club met in September to discuss Matthew McConaughey's memoir, *Greenlight*. Eight club members shared their own "greenlight" experiences—you'll have to read the book to understand what the term means.

On October 3 the group discussed *The Teacher* by Freida McFadden. Members were surprised by the plot twist at the end of the book.

The Book Club will next meet on November 7 at Liz Bolton's house from 3:30 to 5 to discuss members' opinions of Richard Osman's *The Man Who Died Twice*, one of the novels in his entertaining Thursday Murder Club series.

For the December 5 meeting, there will be a lunch or a dinner outing and everyone will share a favorite book that she or he has read.

If you enjoy reading different genres and having interesting discussions, please consider attending SCVV's Book Club. Contact the office or Liz Bolton at [lizbeachbum@gmail.com](mailto:lizbeachbum@gmail.com) for more information.







## Mark Your Calendars

### Follow Us on Facebook!

SCVV plans to provide more news electronically in the new year. In the meantime, you can find timely news of forthcoming events and activities on our Facebook page at [www.facebook.com/southcoastalvillagevolunteers](https://www.facebook.com/southcoastalvillagevolunteers).

Two important events SCVV is featuring on our page include:

### Dine & Donate at Fins Bethany Beach on November 6 from 4:00 to 8:00 p.m.



You won't have to cook dinner on Wednesday, November 6. Please join us any time from 4:00 pm to 8:00 pm at Fins Ale House & Raw Bar, located in the Marketplace at Sea Colony. A portion of the night's proceeds will be donated to the South Coastal Village Volunteers.

### Giving Tuesday on December 3

When you are making your end-of-the-year charitable donations, please consider the South Coastal Village Volunteers. We are also participating in GivingTuesday on December 3.

SCVV is promoting both fund-raising activities to encourage contributions that will aid our members. If you are on Facebook, take a look and share announcements with your own friends to spread the word.



COMING  
SOON  
DINE & DONATE



JANUARY 15, 2025  
LUNCH AND DINNER  
11 AM TO 9 PM



# VOLUNTEER SPOTLIGHT

Bob and Svetla Lawless

*Diane Maddex*



“I’ve observed that the golden years are actually rust,” laughs Bob Lawless while reflecting on the services that he and his wife, Svetla, perform for the South Coastal Village Volunteers. The Lawlesses have been involved since SCVV’s

earliest days, when the organization was launched in the midst of the Covid pandemic. The couple met Liz Bolton, SCVV’s volunteer coordinator, through the group’s book club. They were hooked.

Today the two Ocean View residents focus their volunteer service principally on one special area centenarian: Helen Rathburn, who celebrated her one hundredth birthday in January 2024. About once a week, they visit the former World War II Rosie the Riveter. She later drove a bus in Ocean City until age seventy-nine and now continues to live in her own home. “Helen still vacuums once a day and watches over the wildlife outdoors,” notes Svetla. “Her family comes to visit, although we now feel like members of the family too.”

Bob Lawless was born in Brooklyn, New York, but Svetla has traveled farther: A native of Slovakia, she and her family escaped in 1948 after the communist takeover, ending up in a displaced persons camp in Germany; from there they went to Italy, then to New York in 1952. The two met at the City College of New York when they had to take a “one-credit, nonsense health course” involving mouth-to-mouth resuscitation, with practice on the beach. In their professional careers, both became overworked New York property managers for commercial and residential buildings while living in Queens.

The Lawlesses have been coming to the beach since 1999, moving here full time in 2006. Bob served as an Ocean View councilman for six years and became president of the Wedgefield Homeowners Association near Bear Trap Dunes.

They have now downsized “before they had to,” moving into a condo with an elevator. The couple have one son nearby in Millsboro, with another son and two grandchildren in San Diego.

Caring for Svetla’s mother after they brought her here, she says, helped them “understand the kinds of things seniors need.” Driving SCVV members to see their doctors and picking up prescriptions have been typical services, even traveling to Rehoboth and Lewes in the summer. “We’re recovering New Yorkers, so we’re familiar with traffic!” Bob confesses. The two, however, found that one of their key contributions was “just listening to people who need someone to talk to.”

Svetla and Bob agree that the seminars they have attended through SCVV have been extremely helpful in understanding the aging process. “We also learn the best practices from other volunteers,” notes Bob, who adds, “There is hope for us as we age!” And what advice do they have for other potential volunteers? “Just try it!” Svetla urges. “Just listen and you’ll get as much out of it as you put into it.” Bob adds a familiar refrain: “Getting old is not for the faint of heart.”

You can usually find him and a group of friends on Wednesday mornings at 8:30 on the Bethany boardwalk, reciting the Pledge of Allegiance, singing “God Bless America,” and saying a prayer. So far they have never been rained out.



Svetla, right, celebrates Helen Rathburn’s centennial birthday with friends and family.



# MEMBER SPOTLIGHT

**John Vogel**

**Claudia Thyne**

SCVV member Raymond “John” Vogel and his wife, Georgia Vogel, chose the Quiet Resorts for retirement about five years ago after traveling the country serving presidents Reagan and Clinton. A native of Wheeling, West Virginia, John was graduated from Wheeling College and completed graduate studies in government administration at George Washington University and at the John F. Kennedy School of Government at Harvard University.

As a career official overseeing veterans affairs, John—himself a Vietnam-era Army veteran—gained experience directing both benefits programs and healthcare facilities. He served in a variety of assignments, including as medical director of a facility in Florida and as undersecretary and deputy undersecretary of veterans affairs in South Carolina, Oregon, and Pennsylvania.

With his background in health administration, John sees an opportunity for improvement in local specialty medical care. Having been in Vietnam and having suffered a stroke four years ago, he now experiences medical conditions requiring expertise under-represented in Sussex County. Out-of-state appointments require many months of advance planning.

As exciting as his career was, John says that he is most proud of his wife and children. He and Georgia have two sons in Ohio and in London, England; a daughter who lives close by; and six grandchildren, three in college and three ranging in age from eleven to sixteen.

John is a long-time Pittsburgh Steelers fan, but—ever the diplomat—he pulls for the Baltimore Ravens and the Philadelphia Eagles and now follows local teams in the Washington Post.



**Georgia and John Vogel with their grandson enjoy a boat ride on a beautiful summer day.**

## *Testimonial from a Grateful Member*

“I want to thank you for all of the wonderful drivers that have helped get me to the destinations I need to arrive at. Each and every one of them has been so very kind, helpful, punctual, courteous and friendly. I could even add a few more adjectives.

So, keep this ball in motion. It’s a terrifically helpful organization that I’m grateful to have available. Thank you from a grateful customer.”



# Development Subcommittee Update

The SCVV Development Team:  
Ferne Cooper, Kathy Green,  
Cindy Hughes, Kathy Jankowski,  
Kathy Johnson and Karen Taylor



2024 continues to be a busy year for SCVV's Development Team.

Our fall fundraiser, **Autumn Is in the Air**, was successful. Thank you to all who sponsored, donated, and attended – we raised \$19,867.00 for SCVV!

Your support is vital. Although members pay a fee, these fees alone do not cover all of our operating needs. We are grateful for the support we have received throughout the year.

If you would like to join the Development Team, please let us know. Watch for our fundraising events and come see us.

We could not do what we do without you. Thank you!

## Lord Baltimore Women's Club Presents Check to South Coastal Village Volunteers

On September 16 the Lord Baltimore Women's Club presented a check to SCVV for \$1,182 to Chris Powers and Liz Bolton. The check represents three months of donations to the Angel Jar that the club passes around at each meeting to gather funds for a local non-profit.

# THANK YOU SO MUCH!

SCVV Chair Chris Powers requested that our Village be considered for this donation and noted a special relationship between us and LBWC. The Lord Baltimore Women's Club meeting in November 2019 featured a talk by Jackie Sullivan, then Executive Director of Village Volunteers. This talk, attended by several who became members of our Steering Committee, provided the initial inspiration for the establishment of a Village in the Bethany Beach area.



Sincere thanks to LBWC for their generous donation presented to South Coastal Village Volunteers Chris Powers and Liz Bolton (center) by Sharon Loftus (left) and Barb Sunderlin (right).

We are grateful to Lord Baltimore Women's Club for their continuing support of SCVV.



# GROWTH

## STRATEGY

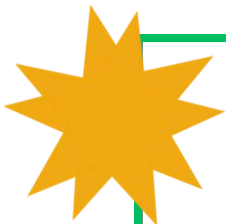
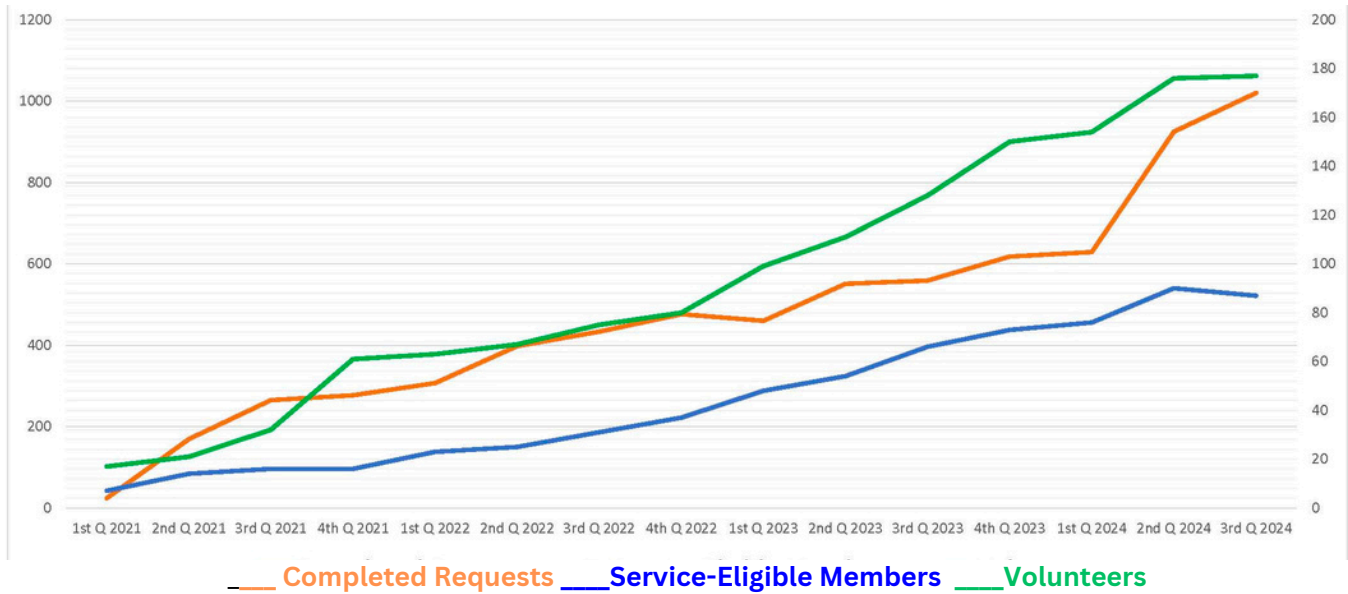
## TEAM WORK

**SCVV Growth Since Inception:** This chart represents select performance figures tracked by South Coastal Village Volunteers. Each line depicts the steady growth of a measurement by quarter since SCVV's inception at the beginning of 2021. The orange line represents the number of requests filled by our volunteers each

quarter, currently more than 1,000. The green line represents the number of volunteers, currently, more than 170. The blue line at the bottom represents the number of service-eligible SCVV members, which is 87 at the end of the third quarter of 2024.

### Growth Graph Donald Sheridan

Service-Eligible Members / Requests Completed / Number of Volunteers



# VOLUNTEERS NEEDED

The SCVV Steering Committee is looking for volunteers with **grant writing experience**. If you want to help, please call the office at **302-500-1281**. **Thank you.**



### Inaugural Harvest Hustle Raises \$20K for Village Volunteers

*Suzanne Hain*

More than a hundred community members from the beach towns and beyond came together in Lewes on September 21 for the first **Harvest Hustle** 5K run and 1K walk. The event raised \$20,000 for the Village Volunteers of Lewes. Participants of all ages enjoyed a beautiful morning of fitness and fun, knowing that their efforts were making a real impact for older adults in the community.

The Village Volunteers extends heartfelt gratitude to the event sponsors. Their generous contributions not only powered the event but will also help fund ongoing initiatives that allow seniors to continue living independently in the comfort of their homes.

The organization, dedicated to helping older adults



Runners and walkers from Delaware and surrounding areas line up for the race waiting for the “Start” signal from Seashore Striders Race Director Tim Bamforth.

maintain their independence, provides essential services such as transportation and home care, while fostering connections that enrich the lives of seniors. “We are deeply grateful for the way our community comes together to support the Village Volunteers and the seniors we serve,” responded Executive Director Anna Moshier. “This event was a success in raising much-needed funds, but it additionally highlighted the strong network of support we have in Lewes, Rehoboth Beach, and Milton. The dedication from our sponsors and participants is a testament to the caring spirit of our towns, and we look forward to continuing to foster these meaningful connections.”

### SCVV Participates in VV’s Harvest Hustle

*Joan Gordon*

To support our affiliate north of the Indian River Bridge and to enjoy some exercise on a beautiful fall Saturday morning, a group from South Coastal Village Volunteers drove up to Rehoboth to take part in Village Volunteers’ inaugural Harvest Hustle. Jack and Joan Gordon, Ron and Deb Kerchner, Chris Powers, and Claudia Thayne put on their walking shoes and completed all or most of the three-mile walk.



Claudia (right) and Joan (left) were awarded medals for second and third place respectively in the women’s over 70 category. They are proud of their achievement, although they readily admit there were only three women who participated in that category.





## Fall Updates

### Sheila Grant

The big news this month is the November election. Although Delaware is not a battleground state, we do have some important races. In addition to our state, county, and municipal races, we will elect a new governor, a new lieutenant governor, a new U.S. senator, and a new U.S. representative.

Although AARP is nonpartisan, we want candidates to know that voters age 50+ decide elections. Any candidate who wants to win will have to offer solutions on the issues that matter to older voters.

**Federal Advocacy.** I would like to share some good news about AARP's federal advocacy. Over the past couple of years, we worked to enact two rules. One required that financial advisors who manage retirement accounts act in their clients' best interests. The other set minimum staffing standards in nursing homes to ensure that residents get the care they need. However, recent efforts in Congress sought to overturn these two rules. AARP lobbied hard and generated more than 500,000 emails to Congress from our members. The result? Both rules will remain in effect. That was two big successes—a good week!

**Updated Website on Social Security.** AARP has an updated Social Security website, with resources and information to help you get answers to questions you may have about the program—such as, “Will there be a cost-of-living adjustment this year?”

“What is AARP doing to address the customer service crisis at Social Security?” “Can I work and still get Social Security?” And “How does Social Security work when a spouse dies?” Follow this link to find out the answers to these questions and more:

<https://www.aarp.org/retirement/social-security/>

**Delaware Voting Guide.** Another resource is AARP's Delaware voting guide. If you are just starting to plan for how, where, and when you'll vote, this website will come in handy. It shows voting deadlines, information about early voting and absentee voting, polling places, and more. Here's the link:

<https://states.aarp.org/delaware/election-voting-guide>

**Movies for Grownups.** AARP recently hosted a Movies for Grownups event at Movies at Midway in Rehoboth. The show was *Beetlejuice Beetlejuice*. These showings are free, but you must register ahead of time. If you'd like to learn about events such as this, including virtual yoga classes and bingo games, check out our state blog page:

<https://states.aarp.org/delaware/>

Be well, stay engaged, and remember to VOTE!

For more information, email Sheila Grant at [sagrant@arp.org](mailto:sagrant@arp.org). Follow AARP Delaware on Facebook at <https://www.facebook.com/AARPDE/> and on X (Twitter) @AARPDE.





**Stuart Martens, president of the Village Volunteers board of directors**, is a national health and wellness coach. He also is certified as a nutrition health coach by the Institute for Integrative Nutrition and by the Delaware Department of Health and Social Services to facilitate classes. He conducts healthy eating workshops.

## Chemicals in Our Foods

### Stuart Martens

The single greatest debate regarding our health centers on which dietary strategy or food plan should we follow. There is no one best diet. Each individual has different needs. Regardless of which diet you choose to follow, some food choices negatively affect one's health and are understood to cause issues for a vast majority of people.

Highly processed foods made of low-quality ingredients are the major culprit in this battle. The majority of these foods are found within the aisles of your grocery store. They are the food products sitting in boxes and bags in the center of the store with shelf lives longer than that of any of their individual ingredients. Foods containing emulsifiers and preservatives to increase that life have a direct correlation with increased levels of inflammation and gut microbiome changes toward dysbiosis.

What are these highly processed foods that we should avoid? Most food products with more than four ingredients listed on the package are likely to be poor options. These include the basics, such as crackers, breakfast cereals, beverages with added sugar or sweeteners, and the like. Low-fat/high-sugar diet foods that claim to be low in calories are often also low in the nutrients your bacteria want and your cells need. Fast food and pre-prepared meals are generally made using low-quality ingredients that have been shown to increase inflammation and to negatively change bacterial populations.

So what should you eat? Follow one simple rule: green, clean, and lean. Green plants should make up the majority of your plate and shopping cart. Eat clean foods, meaning unprocessed and organic,

as well as lean meats and animal proteins of the highest quality. Do you choose organic options whenever possible? If not, you should certainly consider it—or better yet, make it an absolute priority.

Herbicides and pesticides can significantly affect our health and have much farther-reaching effects than anyone ever anticipated. Glyphosate is the main culprit. As the most widely used herbicide on earth, it affects much of our agriculture. Crops such as corn, soy, canola, cotton, alfalfa, and sugar beets are genetically modified to avoid contamination by the glyphosate molecule. However, glyphosate depletes these crops of a vital micronutrient called manganese, which is required for many bodily functions. Glyphosate and even low levels of manganese have been linked to many conditions, including anxiety, celiac disease, mitochondrial dysfunction, gout, liver damage affecting bile production, arthritis, osteoporosis, Parkinson's disease, autoimmune conditions, and immune dysregulation. One of the major effects of manganese deficiency caused by glyphosate is high levels of inflammatory activity in the brain. Choosing organic food can limit your chances of experiencing the effects of glyphosate.

**The information received from Stuart Martens, NBC-HWC/National Board Certified Health and Wellness Coach is intended for your educational use only and is not a substitute for professional medical advice, diagnosis or treatment. Consult your physician before starting any diet, exercise, medication or supplement program or if you suspect that you have a medical problem. For questions regarding this article, contact Stuart Martens at [Lstuartmartens@gmail.com](mailto:Lstuartmartens@gmail.com).**





# SOUTH COASTAL VILLAGE VOLUNTEERS

Helping older adults live independently

## Steering Committee

The Steering Committee is responsible for completing the day-to-day tasks of organizing the South Coastal Village Volunteers.

- Christine Powers**, Chair
- Claudia Thayne**, Vice-Chair
- Betty Martin**, Secretary
- Elizabeth Bolton**, Outreach and Volunteers
- Jack Gordon**, Finance and Government Liaison
- Joan Gordon**, Communications/PR
- Kathy Green**, Development and Marketing
- Cindy Hughes**, Outreach and Volunteers
- Kathy Jankowski**, Development
- Ron Kerchner**, Finance
- Donald Sheridan**, Technology
- Diane Strobel**, Operations Manager

## Strategic Partners

Our Strategic Partners are a group of area professionals who have special skills to contribute to the development and operations of the South Coastal Village Volunteers

- |                             |                         |
|-----------------------------|-------------------------|
| <b>Bonnie Burnquist, MD</b> | <b>Charlie Kopay</b>    |
| <b>Christine Connor</b>     | <b>Michele Morgan</b>   |
| <b>Cliff Graviet</b>        | <b>Zita Pennypacker</b> |
| <b>David Green</b>          | <b>John Robbert</b>     |
| <b>Maureen Hartman</b>      | <b>Susan Ryan</b>       |
| <b>Carol Houck</b>          | <b>Eileen Scerra</b>    |

## Contact Us!

### South Coastal Village Volunteers

32 West Avenue, Ocean View, DE 19970  
PO Box 1453, Bethany Beach, DE 19930  
302-500-1281

[info@southcoastalvillagevolunteers.org](mailto:info@southcoastalvillagevolunteers.org)  
[www.southcoastalvillagevolunteers.org](http://www.southcoastalvillagevolunteers.org)



South Coastal Village Volunteers is a branch of Village Volunteers, an IRS approved 501(c)(3) nonprofit organization. For more information, visit [www.villagevolunteer.org](http://www.villagevolunteer.org).

- Edited by Joan Gordon & Diane Maddex
- Designed by Claudia Thayne

**SOUTH COASTAL VILLAGE VOLUNTEERS**  
Helping older adults live independently

**Volunteers provide transportation, friendly visits, help with errands and small tasks.**

Want to help? Want to join?  
Visit [www.southcoastalvillagevolunteers.org](http://www.southcoastalvillagevolunteers.org)  
or call 302.500.1281